Barriers to Access to Comprehensive Emergency
Obstetric and Newborn Health (CEmONC) among
Emergency Referral Cases from Selected 16 Primary
Health Care Units in Ethiopia: Obstetric Complication and
Referral Audit and Learnings from Women's Experiences



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## **Acronyms**

ANC Antenatal Care

APH Antepartum Haemorrhage

BEMONC Basic Emergency Obstetric and Newborn Care

C/S Caesarian Section

CEMONC Comprehensive Emergency Obstetric and Newborn Care

EmONC Emergency Obstetric and Newborn Care

FMoH Federal Ministry of Health HDA Health Development Army HEW Health Extension Worker ICU Intensive Care Unit

JSI Research and Training Institute Inc.

L10K The Last Ten Kilometers Project
MDG Millennium Development Program

MMR Maternal Mortality Ration
PHCU Primary Health Care Unit

PNC Postnatal Care

PPH Postpartum Haemorrhage

SD Standard Deviation

SMM Severe Maternal Morbidities

SNNP Southern Nations, Nationalities and People's region

SVD Spontaneous Vaginal Deliveries WHO World Health Organization

#### **Abstract**

Most maternal complications that account for nearly three-quarters of maternal deaths can be averted by the early recognition of obstetric complications, use of appropriate emergency referral procedures, and by providing timely and adequate care. However, many women still face challenges in timely accessing life-saving emergency obstetric interventions. Documenting the experience of mothers with complications of receiving emergency care helps to explore the barriers to access care. Thus, this obstetric complication and referral audit study was conducted to explore barriers to the access to CEmONC at 16 referral hospitals that serve as the referral sites for the referral PHCUs where L10K has been implementing its referral innovations. Data were collected through hospital records review and follow-up interview of complication survivors in their respective communities.

A total of 56 complicated cases were identified from referral hospitals that were referred from intervention PHCUs during April-June 2015. About two-thirds (n=38) of them were severe maternal morbidities (i.e., 37 near-miss cases and one maternal death) and one-third (n=18) of them were high-risk complications. Obstructed/prolonged labor was the leading cause of complication followed by hemorrhage. It was also found out that obstetric hemorrhage was the major underlying cause of complication and anemia and prolonged/obstructed labor were the major contributory factors for the complications.

A significant proportion of mothers was located far from an hour walking distance to ambulance access point. Delayed recognition of complications and transport problem including the long ambulance waiting were still the major challenge to seek and reach timely care. The second delay, delay in reaching care, found to be the most important factor contributing to delay in accessing EmONC care in this study. We also found that the median time of stay at the health center was two hours; this meant that majority of the women did not receive definitive care at the health centers, indicating that mothers were delayed at health centers. Delay in receiving care was also found to be high in this study, particularly at health centers.

Frequency and content of ANC consultations need focus to identify and treat pre-existing conditions like anemia which are the major contributing factor for complications. Ambulance prioritization mechanism for emergency cases needs to be instituted at health centers to address the first and second delays. Care at the health center needs to be improved to avoid unnecessary delays. Moreover, detailed investigation of the appropriateness of care provided at health centers would help identify areas for improvement in the referral system. Initiating referral audit for complicated cases would also help to improve the practice of early referral to health centers.

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We would like to acknowledge our colleagues for their contributions to all the steps of organizing and implementing the survey. We acknowledge the interviewers and the supervisors for their hard work, dedication, and for accomplishing the field work on schedule.

Finally, we take this opportunity to extend our gratitude to all study participants who took their time to respond to the survey questionnaires and provide us with valuable information.

## **Background**

The maternal mortality ratio (MMR) of Ethiopia is among the highest in the world; which is 497 per 100,000 live births; well above the Millennium Development Goal (MDG) 5 target of 267 maternal deaths per 100,000 live births to be achieved by 2015[1]. The neonatal mortality rate currently stands at 29 deaths per 1,000 live births and accounts for 43% of all under-five mortality[2].

Most maternal and neonatal critical conditions that lead to deaths take place during delivery and within 48 hours from childbirth. The major complications that account for nearly three-quarters of all maternal deaths are the following: severe bleeding, pregnancy induced hypertension, severe pre-eclampsia, eclampsia, infection, obstructed labor and abortion complications [3]. The majority of these causes of maternal death can be averted by the early recognition of obstetric complications, use of appropriate emergency referral procedures, and by providing timely and adequate care [4]. However, many women still face challenges in timely accessing life-saving emergency obstetric interventions (EmONC)<sup>1</sup>. The "three delays"- delay in deciding to seek care, delay in reaching care, and delay in receiving adequate care during life-threatening conditions is one of the contributing factors of high maternal mortality [5, 6].

Access to and utilization of proven interventions to reduce maternal and newborn death is low in Ethiopia; mainly due to socio-cultural factors, a limited number of skilled staff, a limited number of well-equipped and well-functioning facilities, low quality of care, and weak referral system [7]. To speed up the progress towards reducing both maternal and neonatal mortality, the Federal Ministry of Health (FMoH) has been taking efforts to expand access to basic EmONC (BEmONC) care and establish referral systems for medical emergencies in rural Ethiopia. Major national efforts to improve maternal mortality currently include mobilizing communities to encourage pregnant mothers to give birth in health facilities; creating effective supportive and referral linkages within the primary health care units; staffing health centers with midwives to ensure continuous availability of BEmONC services, and the provision of ambulances to woredas to mitigate transportation barriers [8].

FMoH has introduced a three-tier health care delivery system to systematically address the health care needs of the population. The first tier, which is the Primary Health Care Unit (PHCU), comprised of a primary hospital (with population coverage of 60,000-100,000 people), health centers (15,000-25,000 people) and five satellite health posts (3,000-5,000 population). All of these facilities are connected through referral. Health centers and primary hospitals are expected to provide BEmONC and Comprehensive EmONC (CEmONC) care, respectively. Complicated cases including uterine rupture, severe pre-eclampsia/eclampsia, ectopic pregnancies, and so on

<sup>-</sup>

<sup>&</sup>lt;sup>1</sup> Basic EmONC (BEmONC) services are set of life-saving functions such as the administration of antibiotics, oxytocic drugs, and anticonvulsants, as well as manual removal of retained placentas, removal of retained products of conception, assisted vaginal delivery, and neonatal resuscitation while comprehensive EmONC (CEmONC) services additionally include blood transfusion and obstetric surgery.

that need blood transfusion and surgical care would be referred to primary hospitals. In cases of primary hospitals are not present, CEmONC referral sites for the PHCUs are zonal or regional hospitals.

To demonstrate innovative approaches to strengthening referral systems and refining those approaches for adoption and scaling across the country, The Last Ten Kilometers Project (L10K), JSI Research & Training Institute, Inc., has been implementing *effective care seeking and referral solutions* to improve care-seeking behavior and response for critical maternal and newborn conditions in 32 rural PHCUs of Ethiopia. During phase 1, i.e., October 2012 – September 2013, L10K's referral solutions initiative has been focused on eight PHCUs in eight woredas. During phase 2, i.e., October 2013 – September 2014, L10K's referral activities has spread to another eight PHCUs in eight woredas. In the third phase, (October 2014-September 2015), it has spread to another 16 PHCUs in 16 phase 1 and 2 woredas. The core interventions that L10K uses are a three-step change process-1) assesses local context and available referral resources, 2) use that information in the participatory design of innovations to strengthen the referral system, and 3) implement the active management of the referral system.

Women experience a wide range of clinical conditions during pregnancy, childbirth and postpartum ranging from a healthy pregnancy to extreme of maternal death. The maternal deaths are the tip of the iceberg, and many more women are estimated to suffer pregnancy-related illnesses, near-miss events<sup>2</sup>, and other potentially devastating consequences after birth [9]. Documenting the experience of mothers with severe morbidities of receiving emergency care helps explore the barriers to access and quality of care. Moreover, identifying the dynamics associated with states of maternal morbidity and the delays that occur in the sequence of the obstetric care provided at each level of the health system will help to design evidence and context based interventions to avert these life-threatening complications. Thus, we conducted audits of obstetric complications in 16 referral hospitals that serve as the referral sites for the referral PHCUs where L10K has been implementing its referral innovations to explore barriers to the access to CEmONC.

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<sup>&</sup>lt;sup>2</sup> A range of life-threatening clinical conditions including diseases that can threaten a women's life during pregnancy, childbirth or within 42 days of termination of pregnancy

## **Objectives**

- 1. Investigate women's experiences of obstetric complications of pregnancy
- 2. Identify the causes of the three delays
- 3. Explore the quality of care provided at health center and hospital level
- 4. Assess the referral process of women with obstetric complications

### **Methods**

Study Area and Population: L10K has been implementing referral initiatives in 32 PHCUs and its referral hospitals, eight in each of Amhara, Oromia, Southern Nations, Nationalities and People's region (SNNP) and Tigray regions in 16 districts. This study was conducted in the 16 referral hospitals that serve as referral sites for the 16 referral PHCUs where L10K has been implementing referral innovations since October 2012 (Table 1).

The study domains were women who were referred from the catchment areas of the PHCUs to hospitals with obstetric complications during pregnancy, delivery or within 42 days after termination of pregnancy and managed at these referral hospitals during April to June 2015.

Table 1: List of health centers and its referral hospitals included in this study, July 2015

Region	Zone	Woreda	Health center	Referral hospitals	
Amhara	East Gojjam	Baso Liben	Yejube	Debre Markos referral hospital	
Amhara	North Gondar	Gondar Zuria	Maksegnit	Gondar university hospital	
Amhara	North Shoa	Baso Worena	Keyt	Debre Birhan referral hospital	
Amhara	West Gojjam	Burie Zuria	Alefa	Finote Selam district hospital	
Oromia	East Wollega	Limu	Gelila	Gida Ayana district hospital	
Oromia	Illuababora	Chora	Kumbabe	Bedele district Hospital	
Oromia	Jimma	Shabe Sombo	Shebe	Jimma university hospital	
Oromia	West Wollega	Mana Sibu	Mendi	Nedjo district hospital	
SNNP	Bench Maji	Sheko	Sheko	Mizan Aman general hospital	
SNNP	Gedio	Wonago	Wonago	Dilla university hospital	
SNNP	Kafa	Gimbo	Uffa	Gebretsadik Shewo general hospital	
SNNP	Silite	Dalocha	Dalocha	Worabe comprehensive specialized hospital	
Tigray	Central	Tahtay Maychew	Wukromaray	Axum referral hospital	
Tigray	North West	Laelay Adiabo	Adidaero	Sehul (Shire) district hospital	
Tigray	South East	Samre Sehart	Gijet	Ayder specialized hospital	
Tigray	Southern	Ofla	Hashenge	Lemlem Karl district hospital	

**Study Design:** A cross-sectional obstetric complication and referral audit study was conducted in selected 16 referral solutions intervention PHCUs and its referral hospitals. It was conducted in light of 'three delays' and quality of care to explore barriers in the access to CEmONC at selected referral hospitals that serve as the referral sites for the 16 PHCUs.

**Data collection:** A total of 133 maternal cases that reside in the catchment areas of the intervention PHCUs were identified through record review at referral hospitals during April-June 2015. Of which 55 of them were life-threatening complications, one was maternal death, and the remaining were normal deliveries.

First, obstetric emergencies referred from the catchment areas of the 16 PHCUs were identified from hospital records. This was done through identification of cases referred from the referral PHCUs using patient addresses and reviewing their history to identify the types of obstetric complications, their treatment, and outcomes. Then, a retrospective follow-up study was employed to interview survivors from obstetric complication in their respective communities. This was conducted at the homes of women who had obstetric complications, referred to hospitals, and survived a complication with the aim to assess the woman's experience of at the referral hospital, the effectiveness of referral system, pre-referral treatment, and treatments at the referring units. The addresses of the survivors were obtained from the medical records and a local guide was used to help the interviewers guide to the homes of the woman.

Data collectors who had prior experience of data collection in maternal and child health surveys, and have good knowledge of the health system were employed. The data collectors were trained for three days with one day dedicated to field training to test the actual data collection. Data were collected by using an android mobile application SurveyCTO<sup>3</sup> collect. This platform allowed data quality assurance through ensuring appropriate skip patterns during the interview and allowing only entering logical values. Data were entered into the cloud using android phones. The data collection was conducted in July 2015. The data were daily revised by survey coordinators and uploaded to the server.

Data were collected through interview of obstetric complication survivors and through review of hospital records. Socio-demographic characteristics (age, parity, educational status, and marital status), obstetric history, Antenatal Care (ANC) attendance, pregnancy outcomes, and the levels of delay in care-seeking, reaching facilities and receiving care were collected through interviewing mothers. On the other hand, type of obstetric complications and life-threatening conditions, admission to Intensive Care Unit (ICU), and underlying and contributory conditions of complications were collected by reviewing medical records.

**Measurements:** The obstetric complications included in this study hemorrhage were: (antepartum and postpartum), prolonged and obstructed labor, postpartum sepsis, complications of abortion, severe pre-eclampsia, eclampsia, and ruptured uterus. Potentially life-threatening conditions (near-miss cases) were identified using a set of World Health Organization (WHO) clinical, laboratory, and management-based criteria (See box 1). Near-miss women are defined as those women who nearly died but survived life-threatening conditions that occurred during pregnancy, childbirth or within 42 days of termination of pregnancy [10]. Severe Post-partum Haemorrhage

### **Box 1: Inclusion criteria for near-miss Severe maternal complications**

- Severe postpartum haemorrhage
- Severe pre-eclampsia
- Eclampsia
- Sepsis or severe systemic infection
- Ruptured uterus

#### Critical interventions or ICU use

- Admission to ICU
- Interventional radiology
- Laparotomy
- Use of blood products

### **Life-threatening conditions**

- Cardiovascular dysfunction
- Respiratory dysfunction
- Renal dysfunction
- Coagulation/hematologic dysfunction
- Hepatic dysfunction
- Neurologic dysfunction
- Uterine dysfunction / Hysterectomy

### Maternal vital status

Maternal death

<sup>&</sup>lt;sup>3</sup> http://www.surveycto.com/index.html

(PPH), severe pre-eclampsia, eclampsia, sepsis, and ruptured uterus cases and those who took critical interventions or admitted to ICU or cases with organ dysfunctions were taken as maternal near miss. Maternal near misses and maternal deaths were defined as severe maternal morbidities. On the other abortion complications, hand. prolonged/obstructed labor and Antepartum Haemorrhage (APH) cases that did not have organ dysfunction and not admitted to ICU or did not receive critical interventions were taken as high-risk complications [11]. This study used instruments developed by WHO to standardize the definition of cases of severe maternal morbidity and near miss[10].

This study also explored the status of the three delays. The first delay was defined as the interval between recognition of the complication to starting travel to the facility to seek care. Likewise, the second delay (i.e., time in arrival at the facility) was defined as the interval between starting travel to the facility and reaching it (i.e., time needed for acquiring transport included) and the third delay (i.e., time in receiving treatment) was the interval between reaching the facility and the time the treatment was received [11]. The mother's response to seeking care or receiving care immediately was taken as five minutes.

**Data Analysis:** Data were edited; open-ended responses were recoded into categorical variables where necessary and analyzed using Stata software. Descriptive statistics was used to analyze the type of complications, underlying and associated conditions, care-seeking, referral practice, and maternal and perinatal care.

**Ethical clearance:** Ethical clearance was obtained from ethical review committees of the respective regional health bureaus. All the study participants were informed about the purpose of the study and their right to opt out or to respond to questions. Informed verbal consent was obtained prior to interviewing any study subject. The values, rights, and norms of the study subjects, the community, enumerators and supervisors were respected.

### **Results**

## **Socio-demographic characteristics**

As presented in Table 2, most of the mothers were a rural residence (82%) and the median distance to the ambulance access point was 30 minutes walking distance. About one-fifth of the mothers was resided beyond an hour walking distance from the ambulance access points. More than one-third of mothers had no education. The majority of mothers were with the age range of 20-34 years and the mean age was 26 years.

Table 2: Socio-demographic characteristics of mothers with obstetric complications, July 2015

Characteristics	Number	Percent
Region (n=56)		
Amhara	19	33.9
Oromia	10	17.9
SNNP	13	23.2
Tigray	14	25.0
Residence (n=55)		
Rural	45	81.8
Urban	10	18.2
Age (n=56)		
< 20 years	3	5.4
20-34 years	47	83.9
35+ years	6	10.7
Mean <u>+</u> SD	26.2 <u>+</u> 5.7	
Range	18-40	
Marital status (n=55)		
Married	51	92.7
Not in union	4	7.3
Educational status (n=55)	n=55	
No education	20	36.4
Primary education	24	43.6
Secondary+ education	11	20.0
Religion (n=55)		
Orthodox	33	60.0
Protestant	12	21.8
Muslim	10	18.2
Occupation (n=55)		
Farmer	20	36.3
Housewife	26	47.3
Office worker	4	7.3

Merchant	5	9.1
Distance to ambulance access point		
(waking distance in minutes)		
Within 60 minutes	44	80.0
Beyond 60 minutes	11	20.0
Median	30	
Range	0-240	

### Reproductive and obstetric history

The mean gravidity of mothers at admission to hospital was 3.3 and most mothers (79%) were term at admission. About 89% and 57% of mothers received, at least, one ANC and four ANC care during pregnancy, respectively. About 40% delivered by caesarean section (C/S), 46% of them delivered with spontaneous vaginal deliveries (SVD), and one mother died still pregnant. Seventynine percent of pregnancies ended with live birth, 11% stillbirths and 9% abortion. Nearly one-third (29%) of them received Postnatal Care (PNC) after discharge (Table 3).

Table 3: Reproductive and obstetric history of mothers with obstetric complications, July 2015

Characteristics	Number	Percent
Gravidity at admission (n=56)		
1	23	41.1
2	9	16.1
3	3	5.4
4	3	5.4
5	6	10.7
6+	12	21.4
Mean gravidity	3.3	
Range	1-10	
Gestational age at admission (n=56)		
< 32 weeks	8	14.3
32- 37 weeks	16	28.6
37+ weeks	32	57.1
Antenatal care at least once (n=56)		
Yes	49	89.1
No	6	10.9
Mean number of ANC visits	3.9	
ANC4+ visits (n=49)		
Yes	28	57.1
No	19	38.8
Unknown	2	4.1
Final mode of delivery (n=56)		
Spontaneous vaginal delivery	26	46.4
Assisted vaginal delivery	4	7.1
Caesarian section	19	33.9

Medical methods for uterine	5	
evacuation	5	8.9
Laparotomy	1	1.8
Women died still pregnant	1	1.8
Main attendant at birth (n=56)		
Gynecologist/obstetrician	20	35.7
Integrated emergency obstetrics	6	
surgeon (IEOS)	6	10.7
Midwife	19	33.9
General practitioner	5	8.9
TBA/relative	4	7.1
Self with on assistant	1	1.8
Died still pregnant	1	1.8
Outcome of pregnancy (n=56)		
Not delivered	1	1.8
Live birth	44	78.6
Stillbirth	6	10.7
Abortion	5	8.9
PNC care (n=55)		
Yes	16	29.1
No	39	70.9

# Obstetric complications, admission to ICU, and underlying factors for complication/death

According to the WHO criteria, a total of 37 near miss cases, one maternal death, and 18 high-risk complication cases were identified from hospital registers. This meant that the mortality index was 2.6%--i.e., for every 37 near-miss cases there was one maternal death. About two-thirds (n=38) of the cases were severe maternal morbidities (SMM) (i.e., 37 near miss cases and one maternal death).

Obstructed or prolonged labor was the leading cause of complication (45%) followed by postpartum hemorrhage (16%). Obstetric hemorrhage was the major underlying cause of complication/death. Overall, one-fifth of the cases was admitted to ICU. One-third of SMM was admitted to ICU, 11% used blood products, and 5% had a laparotomy. Cardiac and hepatic dysfunction were observed in 4 (7%) of the mothers. Anemia and prolonged/obstructed labor were the major contributory factors for SMM.

Table 4: Obstetric complications, admission to ICU and underlying factors for complication/ death, July 2015

Characteristics	SMM (n=38)	High-risk complication (n=18)	Total (n=56)	
	n (%)	n (%)	n (%)	
Obstetric complications				
Abortion complication	1(2.6)	4(22.2)	5(8.9)	

АРН	2(5.3)	4(22.2)	5(8.9)
Prolonged or obstructed labor	14(36.8)	10(55.6)	25(44.6)
PPH	9(23.7)		9(16.1)
Severe pre-eclampsia	5(13.2)		5(8.9)
Eclampsia	1(2.6)		1(1.8)
Sepsis or severe systemic infection	5(13.2)		5(8.9)
Ruptured uterus	1(2.6)		1(1.8)
Critical interventions or admissions			
to ICU			
Admitted to ICU	11(28.9)		11(19.6)
Use of blood products	4(10.5)		4(7.1)
Laparotomy (includes			
hysterectomy)	2(5.3)		2(3.6)
Not admitted to ICU	21(55.3)		21(37.5)
Organ dysfunction / life-threating			
conditions			
No organ dysfunction	25(65.8)	18 (100.0)	41(65.8)
Cardiac dysfunction	3(7.9)		3(7.9)
Hepatic dysfunction	1(2.6)		1(2.6)
No data	9(23.7)		11(23.7)
<b>Underlying cause of complication</b>			
present			
Pregnancy with abortive outcome	1(2.6)	4(22.2)	5(8.9)
Obstetric haemorrhage	13(34.2)	5(27.8)	18(32.1)
Hypertensive disorders	4(10.5)	0(0.0)	4(7.1)
Pregnancy-related infection	4(10.5)	0(0.0)	4(7.1)
Other obstetric disease or		3(16.7)	
complication	5(10.5)		8(14.3)
Medical/surgical/mental disease or		0(0.0)	
complication	2(5.3)		2(3.6)
Unanticipated complications of	0(0.0)	0(0.0)	
management			0(0.0)
Coincidental conditions	0(0.0)	0(0.0)	1(1.8)
Unknown	0(0.0)	1(5.6)	1(1.8)
Contributory/associated conditions			
present			
Anemia	9(23.7)	1(5.6)	10(17.9)
Prolonged/obstructed labour	17(44.7)	9(50.0)	26(46.4)
Malaria	1(2.6)	0(0.0)	1(1.8)

## **Referral process**

A hospital record review showed that 77% of obstetric complications (82% among SMM versus 67% among high-risk complications) had evidence of referral from health centers. According to the referral evidence found at the hospital, about half of the cases were escorted during transfer to

hospital, 84% used an ambulance, for 21% of cases advance call made to inform hospitals, and more than 90% of them were sent with referral slip. Use of ambulance and call ahead to inform hospitals were significantly higher among SMM cases than high-risk complication cases (*Fisher's exact=0.013 and 0.035, respectively*). However, there was no significant difference in escorting and use of referral slip among SMM and high-risk cases.

The main reasons for referral from the health center to the hospital were the absence of definitive treatment (61%) and the protocols say refer (44%). More than half of the cases received some sort of medical treatment at the health center prior to referral to hospital. The pre-referral treatment given to the mother included IV fluids (51%) and antibiotics (16%). However, about a quarter of mothers did not receive pre-referral treatment and none of the five pre-eclampsia/eclampsia cases referred was received MgSO4 as a pre-referral treatment. More than one-third of mothers did not receive transfer care; but, about half of mothers received IV fluids on the way to the hospital (Table 5).

Table 5: Adherence to aspects of referral protocols, pre-referral management, and transfer care of mothers with obstetric complication, July 2015

Characteristics	SMM (n=38)	High risk complication	Total (n=56)	
	n (%)	n (%)	n (%)	
Referral status (to hospital)	n=38	n=18	n=56	
No sign of referral/Self-referred	7(18.4)	6(33.3)	13(23.2)	
Referred from HC	31(81.6)	12(66.7)	43(76.8)	
Referral processes (n=43)	n=31	n=12	n=43	
Escorted	16(51.6)	5(41.7)	21(48.8)	
Sent with referral slip	30(96.8)	10(83.3)	40(93.0)	
Arrived with ambulance/sector				
vehicle	29(93.6)*	7(58.3)	36(83.7)	
Someone called ahead to inform the				
hospital	9(29.0)*	1(8.3)	9(20.9)	
Types of written notice sent with				
the patient (n=40)	n=30	n=10	n=40	
What had been given and what				
procedures had been done	21(70)	6 (60.0)	27(67.5)	
Reason for referral	30(100)	10 (100.0)	40(100)	
Patient's history	22(73.3)	9 (90.0)	5(12.5)	
Reason for referral	n=31	n=12	n=43	
Definitive treatment not available	19(61.3)	7(58.3)	26(60.5)	
Guidelines/protocols say refer	17(44.7)	2(16.7)	19(44.2)	
Drugs not available	0(0)	0(0)	0(0)	
Equipment not available	1(3.2)	1 (8.3)	2(4.7)	
Provider absent	0(0)	0(0)	0(0)	
Staff not trained to treat	1(3.2)	0(0)	1(2.3)	
Other	1(3.2)	1 (8.3)	2(4.7)	
No data	2(6.5)	1 (8.3)	3(7)	

Receive some sort of medical			
treatment before referral at health		n=12	
center	n=27		n=39
Yes	17(63)	6 (50)	23(59)
No	10(37)	6 (50)	16(41)
Pre-referral treatments/procedures			
given for the mother at referring			
facility	n=31	n=12	n=43
No pre-referral treatment given	9(29)	1(8.3)	10(23.3)
IV fluids for resuscitation	17(54.8)	5(41.7)	22(51.2)
Antibiotics	6(19.4)	1(8.3)	7(16.3)
Uterotonics	2(6.5)	0(0)	2(4.7)
Anticonvulsants (MgSO4)	0(0)	0(0)	0(0)
Antihypertensives	1(3.2)	0(0)	1(2.3)
Removal of retained products	1(3.2)	0(0)	1(2.3)
No data	4(12.9)	5(41.7)	9(20.9)
Transfer care to hospital	n=27	n=12	n=39
No care received	10(37.0)	4(33.3)	14(35.9)
IV line opened	13(48.1)	7(58.3)	20(51.3)
Drugs given	4(14.8)	2(16.7)	6(15.4)
Monitor condition	7(25.9)	1(8.3)	8(20.5)
Thermal protection	0(0)	0(0)	0(0.0)
Emotional support provided	4(14.8)	1(8.3)	5(12.8)
Positioning	0(0)	0(0)	0(0)
Other (left with no referral)	1(3.7)	0(0)	1(2.6)

<sup>\*</sup>P-value<0.05

### Care-seeking, reaching facility and receiving care

### **Seeking care**

More than two-thirds (70%) of mothers seek care at the health center or health post first and one-fifth of them went directly to the hospital. More proportion of SMM cases visited lower level facilities mainly health centers first before visiting hospitals than high-risk cases. The main reasons mentioned to seek care at health center first were proximity (85%), while; the main reasons to go directly to hospital were confidence on providers' care and knowledge (44%), good supply of medicines (38%), referred by other facility (38%), affordable cost (38%), and respectful care (25%).

Two-thirds of mothers seek care immediately after recognition of complications. The median time taken from recognition of complication and start travel to seek care was 5 minutes ranging from 5 minutes to 8 hours. Not recognizing danger signs timely and lack of transport were the major reasons cited for delayed care seeking. Less than half of them (65% of SMM and 17% of high-risk complications) used an ambulance to seek care. The median time to get ambulance was 20 minutes ranging from 2 minutes to 4 hours. Nearly 19% of mothers wait more than an hour to get an ambulance and a quarter of them claim the ambulance waiting times was too long. Complication

survivors also reported that husband/family and health works/health extension workers (HEWs) were mainly influenced the decision to seek care (Table 6).

More proportion of SMM cases used an ambulance to seek care than high-risk cases, however; there was no significant difference in waiting time to get an ambulance. Likewise, there was no significant difference in timely recognition of complication and starting travel to seek care with the severity of complication.

Table 6: Health seeking behavior of mothers with obstetric complications, July 2015

Characteristics	SMM (n=38)	High risk complication (n=18)	Total (n=56)
	n (%)	n (%)	n (%)
First seek care (n=55)	n=37	n=18	n=55
Health center/heath post	32(86.5)	12(66.7)	39(70.9)
Hospital	5(13.5)	6(33.3)	11(20)
Reasons to seek care at health center first	n=27	n=12	n=39
Proximity	23(74.2)	10(83.3)	33(84.6)
Affordable cost	6(19.4)	0(0)	7(17.9)
Short waiting time to see provider	2(6.5)	1(8.3)	5(12.8)
Confidence on providers' care and			
knowledge	2(6.5)	2(16.7)	5(12.8)
Respectful care/providers are nice	2(6.5)	0(0)	3(7.7)
Good supply of medicines	2(6.5)	1(8.3)	3(7.7)
Referred by other facility	6(19.4)	2(16.7)	8(20.5)
Transport problem to go to another facility	4(12.9)		4(10.3)
Reasons to seek care at hospital directly			
without visiting health centers	n=10	n=6	n=16
Proximity	1(10)	1(16.7)	2(12.5)
Affordable cost	5(50)	1(16.7)	6(37.5)
Short waiting time to see provider	3(30)	0(0)	3(18.8)
Confidence on providers' care and			
knowledge	5(50)	2(33.3)	7(43.8)
Respectful care/providers are nice	3(30)	1(16.7)	4(25)
Good supply of medicines	4(40)	1(16.7)	5(31.3)
Referred by other facility	6(60)	0(0)	6(37.5)
Transport problem to go to other facility	0(0)	0(0)	0(0)
Unknown	1(0)	1(16.7)	2(12.5)
Time period decided to seek care	n=37	n=18	n=55
Before recognition of complication	24(64.9)	14(77.8)	38(69.1)
After recognition of complication	13(35.1)	4(22.2)	17(30.9)
Time taken from recognition of complication			
and starting travel to health facility to seek			
care (in minutes)	n=34	n=14	n=48
Immediately (within 5 min)	23(67.7)	9(64.3)	32(66.7)

5- 60 minutes	7(20.6)	4(28.6)	11(22.9)
More than 60 minutes	4(11.8)	1(7.1)	5(10.4)
Median	5	5	5
Range	5-480	0-30	5-480
Reasons for delayed seeking	n=10	n=4	n=12
Not recognizing the danger signs timely	5(50.0)	1(25.0)	6(50.0)
Distance of the facility	3(30.0)	0(0.0)	3(25.0)
Opportunity cost	1(10.0)	0(0.0)	1(8.3)
Cost of transport	2(20.0)	0(0.0)	2(16.7)
Lack of transport from home to health		1(50.0)	
facility	2(20.0)		3(25.0)
Lack of partner/family support	1(10.0)	0(0.0)	1(8.3)
Poor quality care	1(10.0)	0(0.0)	1(8.3)
Not necessary to go health facility for birth	1(10.0)	0(0.0)	1(8.3)
Not customary to go to facility for birth	0(0.0)	0(0.0)	0(0.0)
Persons involved in decision making to seek			
care	n=37	n=18	n=55
Husband/family	18(48.7)	10(55.6)	28(50.9)
In-laws	1(2.7)	0(0)	1(1.8)
Health development army (HDAs) members	2(5.4)	1(5.6)	3(5.4)
Relative/neighbors	3(8.1)	0(0)	3(5.4)
HWs/HEWs	9(24.3)	3(16.7)	12(21.8)
Self	4(10.8)	4(22.2)	8(14.6)
Means of transport to seek care	n=37	n=18	n=55
Walked	5(13.5)	4(22.2)	9(16.3)
Ambulance	24(64.9)*	3(16.7)	27(49.1)
Public transport	4(10.8)	9(50)	13(23.6)
Carried by relatives	4(10.8)	2(11.1)	6(10.9)
Waiting time to get ambulance (in minutes)	n=23	n=4	n=27
Within 60 minutes	19(82.6)	3(75.0)	22(81.5)
Beyond 60 minutes	4(17.4)	1(25.0)	5(18.5)
Median	20	12.5	20
Range	2-180	5-240	2-240
Acceptable	17(73.9)	3(75)	20(74.1)
Too long	6(26.1)	1(25)	7(25.9)

<sup>\*</sup>Fisher's exact (P-value<0.05)

### **Reaching heath facilities**

Nearly 47% of mothers who visited health center first stayed more than two hours there with a median time of 120 minutes. Likewise, about 39% of mothers complained that the referral initiated at the health center was late. Overall, median time taken to reach health facility was 75 minutes ranging from 20 to 270 minutes. The median time taken from the health center to reach hospital was 32.5 minutes. Nearly two-third of mothers took more than an hour to reach health facilities. A quarter of women reported that there were challenges during travel to a health facility. The major

challenges were ambulance delay (9%), ambulance absent/non-functional (14%), and poor/inaccessible road (9%).

There was no significant difference in the second delay between SMM and high-risk cases.

Table 7: Delays in reaching health facilities among complication survivors, July 2015

Characteristics	SMM	High risk	Total
The second state of the second		complication	
Time of stay at the health center	14 (60.0)	2 (22 2)	4=(=0.4)
Within two hours	14 (60.9)	3 (33.3)	17(53.1)
More than 2 hours	9 (39.1)	6 (66.7)	15(46.9)
Median	120 min	180	120 min
Dance	5-8640 min	5-960	5-8640 min
Range Referral initiated timely (at health center)	n=27	n=12	n=39
Timely  Late	16(59.3)	8 (66.7)	24(61.5)
	11(40.7)	4(33.3)	15(38.5)
Reasons for delayed referral from health	n=11	n=4	1.5
center	2(27.2)	0(0,0)	n=15
Ambulance delay	3(27.3)	0(0.0)	3(20)
Refusal of referral	0(0.0)	1(25.0)	1(6.7)
Consider the case as simple /just gave	2(18.2)	0(0.0)	2442.0
medication and followed			2(13.3)
Don't know	6(54.5)	3(75.0)	9(60.0)
Median time taken to reach hospital	50.0	44.4	32.5
Range	2-210	25-150	2-210
Time taken from starting travel to health			
facility to reaching it including time			
needed for acquiring transport (in	n=37	n=18	
minutes)			n=55
Within 60 minutes	14 (36.8)	6(33.3)	20(35.7)
More than 60 minutes	24 (63.2)	12(66.7)	36(64.3)
Median	75	71.3	75
Range	20-270	30-240	20-270
Challenges faced in relation to transport	n=37	n=18	n=55
No challenges	29 (78.4)	13(72.2)	42(75)
Ambulance delay	3(8.1)	2(11.1)	5(8.9)
Lack of health professional	1(2.7)	0(0.0)	1(1.8)
Ambulance absent/not functional	7(18.9)	1 (5.6)	8(14.3)
Road to access to ambulance	3(8.1)	2(11.1)	5(8.9)
No telephone to call ambulance	1(2.7)	0(0.0)	1(1.8)
Driver misconduct	1(2.7)	0(0.0)	1(1.8)
I do not know	1(2.7)	0(0.0)	1(1.8)

### **Receiving treatment**

The median time to see a provider for the first time was 5 minutes both at the health center and hospital; however, median waiting time before receiving medical treatment (once saw a provider) was 15 minutes at the health center and 5 minutes at hospitals. Thirteen percent and 7% of mothers complained the waiting time to get treatment were too long at the health center and hospital, respectively. Likewise, 34% and 21% of mothers received treatment after 30 minutes of arrival to the health center and hospital, respectively. The main reasons for delayed treatment at health center were the absence of providers and negligence of providers. On the other hand, refusal of referral to hospital, late referral from the health center, staff negligence and inadequate number of staff were the main reasons for delayed treatment at hospitals.

However, there was no significant difference in delay of receiving treatment among SMM and high-risk complication cases.

Table 8: Delay in receiving treatment at health center and its referral hospitals among complication survivors, July 2015

Characteristics		Health center		Hospital		
	SMM	High risk complication	Total	SMM	High risk complication	Total
Waiting time to see a provider for the first time	n=27	n=11	n=38	n=28	n=12	n=40
Within 30 minutes	22(81.5)	9(81.8)	31(81.6)	26(92.9)	11(91.7)	37(92.5)
More than 30 minutes	5(18.5)	2(18.2)	7(18.4)	2(7.1)	1(8.3)	3(7.5)
Median	5	10	5 min	5	5 min	5 min
Range	5-180	5-420 min	5-420 min	5-60	5-120 min	5-120 min
Acceptable	25(92.6)	10(90.1)	36 (92.3)	26(92.9)	11(91.7)	52(94.6)
Too long	2(7.4)	1(9.9)	3 (7.7)	2(7.1)	1(8.3)	3(5.4)
Waiting time of receiving medical	n=18	n=4		n=28	n=9	, ,
treatment (once saw a provider)			n=22			n=37
Within 30 minutes	13(72.2)	4(100.0)	17(77.3)	25(89.3)	8(88.9)	33(89.2)
More than 30 minutes	5(27.8)	0(0.0)	5(22.7)	3(10.7)	1(11.1)	4(10.8)
Median	25	7.5	15 min	5	10	5 min
Range	5-120	5-20	5-120 minutes	5-2880	5-720	5-2880
Acceptable	23(85.2)	11(91.7)	34 (87.2)	34(91.9)	17(94.4)	51(92.7)
Too long	4(14.8)	1(8.3)	5 (12.8)	3(8.1)	1(5.6)	4 (7.3)
Time taken to receive treatment	n=27	n=11		n=30	n=12	
after arrival to facility (to see			20			42
provider and receiving treatment) Within 30 minutes	16(59.3)	9(81.8)	n=38 25 (65.8)	24(80.0)	9(75.0)	n=42 33(78.6)
More than 30 minutes	10(39.3)	2(18.2)	13 (34.2)	6(20.0)	3(25.0)	9(21.4)
Median Median	11(40.7)	15	15 (34.2) 15 min	11.5	17.5	13 min
	5-210	10-421	5-421 min	5-2910	5-723	5-2910
Range	3-210	10-421	J-421 IIIIII	3-2910	3-123	3-2910

Reason for long waiting time for	n=6	n=1		n=10	n=3	
seeing a provider and/or receiving			n=7			n=13
care						
Refusal of treatment or admission	0 (0.0)	0(0.0)	0(0.0)	0 (0.0)	1(33.3)	1 (7.7)
Refusal of referral to higher	1(16.7)	0(0.0)		4(40.0)	1(33.3)	
facility			1 (14.3)			5 (38.5)
No money to pay for care	0 (0.0)	0(0.0)	0 (0.0)	0 (0.0)	0(0.0)	0 (0.0)
Lack of supplies or equipment	2(33.3)	0(0.0)	1 (14.3)	1(10.0)	0(0.0)	1 (7.7)
Negligence of staff on duty/	3(50.0)	0 (0.0)		1(10.0)	1(33.3)	
misconduct			3 (42.9)			2 (15.4)
Inadequate number of staff	0 (0.0)	0 (0.0)	0 (0.0)	3(30.0)	0 (0.0)	3 (23.1)
Absence of provider	2(33.3)	1(100.0)	3 (42.9)	1(10.0)	0 (0.0)	1 (7.7)
Staff lack of skill/expertise	2(33.3)	0 (0.0)	2 (28.6)	0 (0.0)	0 (0.0)	0 (0.0)
Late referral practice of referring				1(10.0)	1(33.3)	
unit						2 (15.4)

# Women's views and suggestions on maternal and perinatal care at referring health centers and receiving hospitals

More than 80% of mothers responded that their privacy was respected during treatment at the health facilities. Regarding the right to information, nearly two-thirds of mothers reported that the provider explains what was doing during the examination. About two-thirds (66%) of mothers received information regarding referral to hospital. The types of information provided by the referring health center were name and location of the hospital (44 %), the importance of referral (39 %), time to go (28 %), the urgency of referral (26 %), and pre-referral treatment given (13%). About 80% and 93% of mothers were satisfied with the care they received from the health center and hospitals, respectively. About two-thirds and 52 % of women claimed the reception on arrival was respectful at the health center and hospital, respectively. Similarly, most reported that facility staff treated them respectfully (Table 9).

Table 9: Women's views and suggestions on care provision at health facilities, July 2015

Characteristics	Health center (n=39)	Hospital (n=55)
Privacy respected	(12 0)	
Yes	33 (84.6)	45 (81.8)
No	6 (15.4)	10 (18.2)
Nature of reception on arrival	, , ,	,
Friendly	26(66.7)	29(52.7)
Somewhat good	9(23.1)	18(32.7)
Disrespectful	4(10.3)	7(12.7)
Staff handling		
Respectful	32(82.0)	47(85.4)
Not respectful	7(18.0)	8(14.6)
The provider explains what was doing during		
examination		
Yes	25 (64.1)	38 (69.1)
No	14 (35.9)	17 (30.9)
Received enough information about the condition		
and about what the provider was doing		
Yes	25 (64.1)	32 (58.2)
No	14 (35.9)	23 (41.8)
Information received from health center staff regarding referral to the hospital		
No information received	13 (33.3)	
Name and location of hospital	17 (43.6)	
Who to contact at hospital	1 (2.6)	
When to go	11 (28.2)	
Importance of referral	15 (38.5)	
About the urgency of the referral	10 (25.6)	
General counseling	7 (17.9)	

About the pre-referral treatment given	5 (12.8)	
Other	1 (2.6)	
Don't know	3 (7.7)	
Satisfaction with care		
Yes	31 (79.5)	51 (92.7)
No	8 (20.5)	4 (7.3)
Like best about this facility		
Short waiting time to see provider	22 (56.4)	34 (61.8)
Short distance to facility	9 (23.1)	3 (5.5)
Facility is clean	9 (23.1)	31 (56.4)
Being treated with respect	18 (46.2)	27 (49.1)
Provider is competent/knowledgeable	7 (17.9)	34 (61.8)
Confidentiality/privacy	10 (25.6)	17 (30.9)
Good supply of medicines	9 (23.1)	29 (49.1)
Affordable cost of care	10 (25.6)	14 (25.5)
Access to ambulance	12 (30.8)	3 (5.5)
Being able to choose health care provider	0 (0.0)	0(0.0)
Other	2 (5.1)	5 (9.1)
Don't know	2 (5.1)	3 (5.5)
Suggestions for improvement		
Shorten waiting time to see provider	4 (10.3)	5 (9.1)
Improve distance of health facility	7 (17.9)	10 (18.2)
Clean the facility	6 (15.4)	6 (10.9)
Improve respect of providers toward patients	14 (35.9)	8 (14.5)
Improve skills of providers/assign doctors	12 (30.8)	6 (10.9)
Improve confidentiality/privacy	8 (20.5)	7 (12.7)
Improve supply of medicines	9 (23.1)	7 (12.7)
Reimburse costs incurred	2 (5.1)	2 (3.6)
Improve women's ability to choose a provider	4 (10.3)	3 (5.5)
Improve time required to get ambulance	11 (28.2)	11 (20.0)
Practice early referral	10 (25.6)	3 (5.5)
Avoid referral /treat all cases in this facility	6 (15.4)	3 (5.5)
Ambulance back home service	12 (30.8)	13 (23.6)
Other	7 (17.9)	10 (18.2)
Don't know	5 (12.8)	13 (23.6)

Mothers liked most about the health center include short waiting time, being treated with respect, and access to the ambulance. Likewise, more than half of mothers liked short waiting time to see a provider, providers' skills, and supply of drugs, and cleanliness of the hospital most.

Improve respectful care, skills of providers, the time required to get an ambulance, early referral, and ambulance back home service were the main points suggested for improvement at the heather. Likewise, ambulance back home service and improve the distance of the facility were the main points suggested for hospital care improvement.

### **Discussion**

Obstetric complication and referral audit was done through hospital record review and follow-up interview of complication survivors to investigate the barriers to access timely EmONC care. This study also attempted to assess the factors relating to the three delays and the referral system between health centers and its referral hospitals.

No education is usually associated with low ability to assimilate health choices and negotiate access to appropriate providers [12]. In this study, we observed that most mothers with obstetric complications had no formal education or their educational level was low. A quarter of mothers was beyond an hour walking distance to ambulance access point. Many studies also identified distance influences families decision to seek care in an emergency and reaching health facilities [13]. This is compounded by the unavailability of transportation during labor for the majority of women living in rural areas.

Studies found out that ANC consultations lead to prompt decision-making in an obstetric emergency [14]. However, our study found out that utilization of ANC care was low given these complicated mothers need specialty care and frequent follow-up during pregnancy. Likewise, early PNC care is essential to identify complications early on; however, most mothers with complications didn't get PNC care after discharge in this study.

The leading cause of complications identified in this study (i.e., hemorrhage, sepsis, and pre-eclampsia/eclampsia) and the contributing factors (i.e., anemia and prolonged/obstructed labor) were common in Ethiopia [2]. Thus, facilities should get prepared to tackle these problems.

Effective referral is believed to avert the three delays [4]; however, in this study the communication and transport arrangement which is the major component of the referral system was low. The main reasons for referral were the absence of definitive treatment at the health center. Furthermore, pre-referral and transfer care was found to be low which needs to be improved.

Delay in decisions to seek timely care is one of the demand-side barriers to using appropriate care during life-threatening obstetric complications. Many studies identified distance, cost, quality of care, illness factors including recognition of illness and sociocultural factors are the most common barriers to seeking care [15-18]. This survey showed that considerable number mothers seek care after recognition of complications mainly due to poor knowledge of signs of complications and transport problem. Similar findings were reported from different developing countries- unaware of danger signs of pregnancy and lack of birth preparedness, and delay to seek care promptly despite recognition of danger signs was identified as a major barrier to using EmONC care [17, 19-22].

Even after the decision to seek care, time to get ambulance was long and contributes to the delay in reaching care in this study. The second delay, delay in reaching care, found to be the most important factor contributing to delay in accessing EmONC, particularly in rural areas. We also found that the median time of stay at the health center was two hours; this meant that majority of the women did not receive definitive care at the health centers, indicating that mothers were delayed at health centers. Other studies showed that travel delay is a function of the number of health facilities visited and difficulty in obtaining transportation [23, 24]. The common reasons mentioned for delayed referral were ambulance delay, refusal of referral, and considering the case simple and manageable. Other studies also reported that delayed referral can occur both as a result

of health workers failing to manage referrals promptly and from the inability or hesitation of patients to follow through with a referral [25]. In the present study, the time to reach facility was two hours which is higher than the studies in Bangladesh [11, 19].

Deficiencies in the quality of care provided at health facilities resulted from insufficient and unqualified staff, shortage of essential equipment, supplies, drugs and blood as well as inadequate management are frequently mentioned in the literature as barriers to the access to lifesaving procedures [15]. Delay in receiving care was also found to be high in this study, particularly at health centers. Most mothers delayed in seeing a provider the first time or receiving treatment at the health center than a hospital because of the absence of the providers or negligence of the providers.

Poor quality and disrespectful care during delivery including poor provider attitude, lack of attention to complaints and follow-up in labor, and unresponsive to community beliefs and practices have recently been recognized as an important barrier to women's decisions to seek care [26-28]. In this study, most mothers reported that their privacy was respected during treatment at both health center and hospital, hospital staff treated them respectfully and satisfied with the care they received from both facilities. However, the goodness of reception on arrival at the health center and hospital and the information provided during examination and information provided regarding referral to hospital needs to be improved. Mothers mentioned that respectful care, skills of providers, the time required getting an ambulance, early referral, and ambulance back home services as the main points suggested for improvement at the heather. And ambulance back home service and improve the distance of the facility were the main points suggested for hospital care improvement.

### **Conclusion and Recommendation**

Frequency and content of ANC consultations need focus to identify and treat pre-existing conditions like anemia which are the major contributing factor for complications. Through the continuum of care, early and continuous PNC care is critical for these complicated cases to follow the consequences of the complication, early identify any life-threatening conditions, and to provide reproductive care and counseling.

A significant proportion of mothers was located far from an hour walking distance to ambulance access point. Delayed recognition of complications and transport problem including the long ambulance waiting were still the major challenge to seek and reach timely care. So, ambulance prioritization mechanism for emergency cases needs to be strengthened at health centers. Timely referral of women with due consideration to transportation problems also needs to be given attention. Moreover, communication and transport arrangement is equally critical in a time of critical conditions.

Care at the health center needs to be improved to avoid unnecessary delays. Moreover, detailed investigation of the appropriateness of care provided at health centers would help identify areas for improvement in the referral system. Initiating referral audit for complicated cases would also help to improve the practice of early referral to health centers.

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# **Appendix: Obstetric Complications Audit Tool**

## **Part I: Review for Obstetric Complications**

This part should be filled by reviewing hospital records

## **Instructions for screening for obstetric complications**

- 1. Identify women with obstetric complications/ potentially life-threatening conditions managed in the last 3 months from the hospital registers (i.e., delivery, abortion, gyn/obs IPD, OT and neonatal/ pediatrics IPD registers).
- 2. Identify cases that came from L10K intervention PHCUs by using patient identifiers (medical record number and address).
- 3. Then review those cases that came from intervention PHCUs and complete the questionnaire accordingly

Section 1: Identification

SN	Prompt	Response	Remark
101	Area Identification	A) Region B) Zone C) Woreda D) Health center E) Hospital name	
102	Date of review (EC)	DD  MM  YY	
103	Age of the mother AGE IN COMPLETED YEARS		
104	Address of the mother	Kebele	
105	Medical record number (MRN)		

Section 2: Obstetric complication cases treated at hospital

SN	Prompt	Response	Remark
201	Please specify the obstetric	<b>Abortion complications</b> (abortion with	
	complications that the mother	bleeding that requires treatment or	
	had	septic)1	
		<b>APH</b>	
		PPH (includes retained placentae, postpartum	
		hemorrhage, any bleeding that requires	
		treatment and severe bleeding from	
		lacerations)3	
		Prolonged or obstructed labor (prolonged	
		first or second stage of labor, malpresentation	
		(brow, face, or transverse) and	
		<i>CPD</i> )4	

		Severe pre-eclampsia5	
		<b>Eclampsia</b> 6	
		Sepsis or severe systemic	
		<b>infection</b>	
		Ectopic pregnancy8	
		Ruptured uterus9	
202	Did the mother admit to	Admission to ICU1	
	intensive care unit (ICU) and/or	Use of blood products (includes any blood	
	receive any of the critical	transfusion)2	
	interventions?	Laparotomy (includes hysterectomy, excludes	
		caesarean section)3	
	CIRCLE ALL THAT APPLY	Interventional radiology (uterine artery	
		embolization)4	
		caesarean section (C/S)5	
203	Did the mother develop any of	Cardiovascular dysfunction (Shock, use of	
	the following organ	continuous vasoactive drugs, cardiac arrest,	
	dysfunction/life-threatening	CPR, severe hypoperfusion or severe acidosis)	
	conditions?	1	
		Respiratory dysfunction (acute cyanosis,	
	CIRCLE ALL THAT APPLY	gasping, Severe tachypnea, severe bradypnea,	
		severe hypoxemia or intubation and ventilation	
		not related to anesthesia)2	
		Renal dysfunction (oliguria non-responsive	
		to fluids or diuretics, dialysis for acute renal	
		failure, or severe acute azotemia)3	
		Coagulation/hematologic dysfunction	
		(failure to form clots, massive transfusion of	
		blood, or severe acute	
		thrombocytopenia)4	
		Hepatic dysfunction (jaundice in the	
		presence of pre-eclampsia, or severe acute	
		hyperbilirubinemia)5	
		Neurologic dysfunction (prolonged	
		unconsciousness/coma, stroke, or status	
		epilepticus)6	
		Uterine dysfunction /	
		Hysterectomy7	
204	Maternal condition at discharge	Died1	
		Alive2	
		Referred to another facility	
	on 3: Maternal and perinatal info	ormation	
301	At the time of admission, how	Gravidity [   ]	
	many times had she been	Parity [   ]	
	pregnant and how many times		
	had she given birth?	Gestational age of index pregnancy (in	
		weeks) [   ]	

	How many weeks was the		
302	gestation of this pregnancy?  Time period of complication or	Automortonia 1	
	death	Ante-partum1	
		Intrapartum2	
		Post-partum3	
		Unspecified99	
303	The final mode of delivery / end	Vaginal delivery1	
	of pregnancy. Please specify:	Assisted delivery (vacuum or forceps)2	
		Caesarean section	
		Complete abortion4 Curettage / vacuum aspiration5	
		Medical methods for uterine evacuation6	
		Laparotomy for ectopic	
		pregnancy7	
		Laparotomy for ruptured uterus8	
		Women discharged or died still pregnant9	
		Other, specify88 Unknown99	
304	Main attendant at birth	Gynecologist/obstetrician1	
304	Mani attendant at ontii	IEOS2	
		Midwife3	
		General practitioner4	
		Nurse5	
		Health officer6	
		HEW	
		Self with no assistant9	
		Other/ specify88	
305	Outcome of pregnancy	Not delivered1	
	1 0	Live birth2	
		Born alive but died before discharge3	
		Stillbirth4	For 1,2 and
		Abortion5 Ectopic pregnancy6	4-7, skip to 308
		Molar pregnancy7	300
306	Age of the newborn at death		
	If less than one day record in hours	Days and Hours	
307	Cause of newborn death	Birth asphyxia1	
	cause of he would doubt	Sepsis2	
		Aspiration	
		Congenital anomalies	
		riciciii	

	notice of the following sent with the patient?	had been done1 Reason for referral2	
313	If sent with referral slip, written	What had been given and what procedures	
312	Did the mother arrive with slip, escorted, and arrived using ambulance? Did someone call ahead to inform the hospital?  Specify; (1=Yes 2=No 99=Donot know)	Escorted	If no referral slips, skip to 314
311	When was the referral initiated from referring agent/facility?	Referred from other hospital/ private clinic 4 Unknown	
310	About referral process, please specify whether the mother was referred to another facility or if she referred herself?	No sign of referral/Self-referred	→End of review
309	Which of the contributory/ associated conditions were present? Please specify: (1=Yes 2=No) CIRCLE ALL THAT APPLY	Medical/surgical/mental disease or complication	
308	What was the underlying cause of death/ complication? Please specify: (1=Yes 2=No) CIRCLE ALL THAT APPLY	Respiratory distress	

		Patient's history3	
		No data99	
314	What were the reasons for referral to this facility? CIRCLE ALL THAT APPLY?	Definitive treatment not available	
315	What pre referral	Other88  Pro_referral treatments/procedures given	
315	What pre-referral treatments/procedures were given by the referring facility?	Pre-referral treatments/procedures given for the mother at referring facility  No pre-referral treatment given	
	CIRCLE ALL THAT APPLY	IV fluids for resuscitation	
		Abdominal packing	
		newborn	
		No pre-referral treatment given	
		Nevirapine / ART6	
		Other treatment for the newborn88	

Part II: Obstetric Complication Survivors Interview

This form has to be filled in for mothers who developed obstetric complications during the last birth/pregnancy and

managed at hospital
Introduction and Consent
Hello. My name is and I am here as a part of a survey being conducted by
John Snow, Inc. Research and Training Institute Inc. / Last Ten Kilometers Project (JSI/ L10K)
JSI/L10K works in the area of Reproductive, Maternal Newborn and Child Health in collaboration with
the regional health bureaus.
The purpose of the interview is to collect information on your experiences of facility delivery. The
information obtained from you will be used to redesign BEmONC interventions in your locality as wel
as nationally. The interview will take approximately 30 minutes. All the information obtained from you
will be kept confidential.
Your participation in the study is completely voluntary. You may withdraw your consent and
discontinue participation at any time or you have the right not to answer any question that you do no
want to. However, I hope you will participate in the survey since your views are important.
want to. However, I hope you will participate in the survey since your views are important.
Do you want to ask me anything about the survey?
May I begin the interview now? 1. [] Yes. 2. [] No
Signature of interviewer Date / /2014

2	ignature of interviewer	Date/2014	
	Section 1: Background characte	ristics	
SN	Prompt	Response	Skip
401	Residence	Rural1	
		Urban2	
402	What is your marital status?	Never married1	
		Currently married2	If 1 and 3-5,
		Separated3	skip to 404
		Divorced4	_
		Widowed5	
		Living together6	
403	What is your educational status?	Unable to read or write1	
	-	Read and write2	
		Formal education	
		Grade []	
		Technical/vocational certificate 3	
		University/college diploma 4	
		University/college degree or Higher 5	
404	Husband's educational status	Unable to read or write1	
		Read and write2	
		Formal education	
		Grade [ ]	
		Technical/vocational certificate 3	
		University/college diploma 4	
		University/college degree or Higher 5	

404	What is your religion?	Orthodox1	
	_	Catholic	
		Protestant	
		Muslim 4	
		Other(Specify)	
405	What is your occupation, that is,	Farmer	
<del>1</del> 03	what is your occupation, that is, what kind of work do you	Housewife2	
		Office worker	
	mainly do?		
		Merchant	
		Daily laborer5	
		Jobless6	
		Student7	
407	How long does it take you to walk	TT 1/1 / F   7	
	to the nearest health post, health	Health post: []	
	center, and hospital?	Health Center: []	
	RECORD IN MINUTES	Hospital:[]	
408	How far is your home from the	Kilometers [ _]	
	ambulance access point?	Walking distance in minutes [ _]	
409	How many times have you been		
	pregnant?	Number [   ]	
410	How many times have you given		
	birth?	Number []	
411	Did you go to a health facility to	Yes1	
	attend ANC care for the index	No2	→413
	pregnancy?	1102	7413
412	How many times did you receive	Number []	
412	antenatal care in the health facility		
	during the index pregnancy?	Don't Know99	
413	Outcome of the last pregnancy	Abortion1	→421
713	Outcome of the last pregnancy	Live birth2	/ 721
		Stillbirth3	
		Ectopic pregnancy4	N 404
		Molar pregnancy5	→421
414	Where did you deliver your last	Home1	
	birth?	Government Hospital2	
		Government Health center3	
		Health post4	
		Private clinic5	
		Private hospital6	
		NGO health	
		facility7	
		On the way to health	
		facility8	
		Other88	
415	Who assisted with the delivery	Health professional	
713	of the last birth?	Doctor1	
	or the last until:	DUCIUI	1

		Nurse/midwife2	
		HEW	
		Other health personnel	
		(Specify)4	
		Other person	
		tTBA5	
		Untrained TBA6	
		HDA7	
		Relative/friend8	
		Other9	
		No one10	
416	If delivered at home, why didn't	Cost too much (direct cost and opportunity	
	you deliver in a health facility?	cost)	
		1	
	MULTIPLE RESPONSES	Facility not open2	
	POSSIBLE	Facility too far3	
	CIRCLE ALL THAT APPLY	No transportation4	
		Don't trust facility capability (lack of	
		medicines, equipment and competent	
		provider)	
		5	
		Poor quality of care at facility (attitude of	
		providers	
		etc)	
		No female provider at facility	
		Husband/family don't allow	
		Not necessary	
		Not necessary 10  Not customary 11	
		Labor happened so	
		quickly12	
		Failed to recognize signs of labor/	
		complications.	
		13	
		Other88	
		Specify	
417	What type of delivery did you	Vaginal delivery1	
	have in your last pregnancy?	Caesarean section, that is cut your belly open to	
	Please tell me your mode of	take the baby out2	
	delivery for your index	Laparotomy3	
	pregnancy	Hysterectomy (surgical removal of the	
		uterus)4	
		Curettage/vacuum aspiration5	
		Other88	
		Don't know99	

418	After you gave birth, did anyone check on your/your baby's	Yes	
	health while you were still in the facility?	1102	
419	Did anyone check on your	Yes 1	
	health after you left the facility?	No2	<b>→</b> 421
420	How long after delivery did the	Hours[   ]	
	first checkup take place?	Days[   ]	
	IF LESS THAN ONE DAY,	Weeks [   ]	
	RECORD IN HOURS.	Don't know99	
	IF LESS THAN ONE WEEK,		
101	RECORD IN DAYS.		
421	We know you went to the	Yes1	> =0.1
	government hospital during your	No2	→501
	last pregnancy, but before		
	actually going to the hospital did you seek care somewhere else or		
	from someone else?		
422	Where did you first seek care?	Health post1	
722	Where did you mist seek care.	Health center	For 1 and
		Government Hospital	3-6, skip to
		Private clinic4	601
		Private hospital5	
		NGO health facility6	
		Other88	
		Specify	
		l and maternal and perinatal care at referring u	nit/health
	North or sains to ask you show	4 4h a sava way wasiya I fusur 4h a wafawing haalf	h comton
501	What was the reason or medical	t the care you received from the referring healt	n center
301	problem that caused you to seek		
	care at that first facility?		
502	Why did you choose that facility	Proximity1	
002	to seek care?	Affordable cost	
		Short waiting time to see provider3	
	PROBE: What else?	Confidence on providers' care and	
	RECORD ALL THAT	knowledge	
	APPLY	4	
		Respectful care/providers are nice5	
		Good supply of medicines6	
		Referred by another facility7	
		Transport problem to go to another	
		facility8	
		Other (specify)88	
		Don't know99	

503	When was the time period you decided to seek care?	Before labor started1  After labor started but before recognition of complication	→ 506 → 506
504	How long did it take you from recognition of complication and starting travel to that facility to seek care?  RECORD IN MINUTES	Minutes [ _ ]	→506
505	Why did you not seek care immediately after the recognition of the complication?  RECORD ALL THAT APPLY	Not recognizing the danger signs timely1  Distance of the facility	
506	Who influenced your decision to seek care?	Husband/family 1 In-law 2 HDAs 3 Relatives/neighbors 3 Health workers/HEWs 4 Other 5 Specify	
507	How did you get to that facility?	Walked 1 Ambulance 2 Public transport 3 Carried by relatives 4	→511 →511 →511
508	How did you get an ambulance?	Direct call by husband or family	
509	How long did you wait to get an ambulance?  RECORD IN MINUTES	Minutes [ _]	
510	Do you think this wait was acceptable or too long?	Acceptable1 Too long2	
511	Who accompanied you during travel to a health facility?	Arrived alone 1 Family member 2 HEW 3	

	CIRCLE ALL THAT	HW (Midwife/ nurse/HO)4	
	APPLY?	Auxiliary staff5	
		3	
512	How long did it take you from	Minutes [ _]	
	starting travel to a health facility		
	to reaching it (including time		
	needed for acquiring transport)?		
	RECORD IN MINUTES		
513	What challenges did you face in	Open ended	
	relation to transport?		
514	How long did you wait before	Minutes [ _]	
	seeing a provider for the first		
	time (at the health facility prior		
	to referral to the hospital)?		
515	Do you think this wait was	Acceptable1	
	acceptable or too long?	Too long	
516	Did you receive some sort of	Yes1	_
	medical treatment before being	No2	→518
	sent to the hospital?		
517	After you saw a provider for the	Minutes [ _]	
	first time, how long did you wait		
	before someone gave you		
	medical treatment for the		
	problem?		
<b>710</b>	RECORD IN MINUTES	A	
518	Do you think this wait was	Acceptable	
	acceptable or too long?	Too long2  G), CONTINUE WITH 519. OTHERWISE,	
	IF 515 OK 518 = 2 (100 LON	SKIP TO 520	
519	What do you think was the	Personal/family/community factors	
	reason for such a long waiting	Refusal of treatment or admission1	
	time for seeing a provider and/or		
	for receiving care?	No money to pay for care	
		Health system factors	
	PROBE: What else?	Lack of blood products, supplies, and	
	RECORD ALL THAT	equipment4	
	APPLY	Negligence of staff on duty/ staff professional	
		misconduct5	
		Inadequate number of staff6	
		Absence of provider7	
		Staff lack of skill/ expertise8	
		Others, specify88	
520	Did you receive any of the	Antibiotics or any other drugs by	
	following interventions around	drip1	
	the time of your delivery at the	Injection or pill to stop bleeding/to contract	
	health center?	uterus after baby was born2	

		Manual removal of placenta or removal of	
		retained products3	
		Vacuum extraction (suction to pull baby	
		out)4	
		Don't know99	
521	How were you welcomed to the	Open ended	
	facility when you arrived?		
	<u>Probe for</u> greeting, called by		
	name, talked in a friendly		
	manner etc		
522	Do you feel your privacy was	Yes1	
	respected by the staff?	No2	
523	How did the facility staff treat	Open ended	
	you?		
	<u>Probe for</u> respect,		
	confidentiality, listening		
	attentively,		
524	When you were being	Yes1	
	examined, did the provider	No2	
	explain to you what he/she was		
	doing?		
525	Do you feel you received	Yes1	
	enough information about your	No2	
	condition and about what the		
506	provider was doing?	N. C	
526	What information did you	No information received	
	receive from health facility staff	Name and location of hospital	
	regarding referral to the	Who to contact at hospital	
	hospital? RECORD ALL THAT	When to go4 Importance of referral5	
	APPLY	About the urgency of the referral6	
	AIILI	General counseling7	
		About the pre-referral treatment	
		given	
		8	
		Other, specify88	
		Don't know	
527	How long did you stay at the	Minutes [ _]	
	referring unit?	Don't remember99	
	RECORD IN MINUTES		
528	When did the facility decide to	/	
	refer you to the hospital?	(dd / mm / yyyy)	
	Date?		
	Time?	Time	
		Don't remember99	

331	for improvement?	Shorten waiting time to see provider1	Go to 611
537	What suggestions do you have	Shorten waiting time to see provider1	<b>4</b>
		Other (specify)88 Don't know	
		Being able to choose health care provider10 Other (specify)88	
		Access to ambulance	
		Affordable cost of care	
		Good supply of medicines	
	APPLY		
	RECORD ALL THAT		
	that facility?		
536	3		
		Very dissatisfied	
		Somewhat dissatisfied4	
	the health center?	Arrived alone	
	overall care that you received at		
535	Are you satisfied with the	Very satisfied1	
		Other, specify88	
	APPLY	Thermal protection5	
	RECORD ALL THAT	Monitor condition4	
	hospital?	Drugs given3	
	during the transfer to the	IV line opened2	
534	What care did you receive	No care received1	
		Midwife/ nurse/HO4	
	your travel to the hospital?		
533	Who accompanied you during	Arrived alone1	
	RECORD IN MINUTES		
	reach the hospital?	Don't remember99	
532	How long did it take you to	Minutes [ _]	
	dinory:		
331	timely?	Open ended	
531	Why did the staff not send you	Open ended	
	timely?	1102	
230	initiated at health center was	No2	7334
530	Do you think the referral	Yes1	→532
	Time:	Don't remember99	
	Time?	: Time	
	health facility? <b>Date?</b>	(dd / mm / yyyy)	
529	When did you actually leave the	(44 / /)	
520	When did you estually leave the	1	

	RECORD ALL THAT	Improve distance of health facility/open	
	APPLY	hospital around	
		here2	
		Clean the facility3	
		Improve respect of providers toward	
		patients	
		4	
		Improve skills of providers/assign	
		doctors	
		5	
		Improve confidentiality/privacy6	
		Improve supply of medicines7	
		Reimburse costs incurred8	
		Improve women's ability to choose a health	
		care	
		provider9	
		Improve time required to get ambulance10	
		Practice early referral11	
		Avoid referral to hospital/treat all cases	
		in this	
		facility12	
		Ambulance back home	
		service13	
		Other (specify)88	
		Don't know99	
	Section 3: Care at referral hosp		
10.1		t the care you received from hospital	
601	What was the medical problem		
	that brought you to the hospital?		
602	Why did you choose this facility	Proximity1	
	to seek care?	Affordable cost of care2	
	RECORD ALL THAT	Short waiting time to see	
	APPLY	provider3	
		Confidence on providers' care and	
		knowledge4	
		Respectful care5	
		Good supply of medicines6	
		Referred by another facility7	
		Transport problem to go to another	
		facility8	
		Other (specify)88	
		Don't know	
603	When was the time period you	Before labor started1	
303	decided to seek care - before	After labor starts but before recognition of	
	labor started after labor began or	complication2	
	incor started after ration began of	Comprioution2	

	after recognition of a	After recognition of complication3	
	complication?	Don't know99	
604	How long did it take you from	Minutes [ _]	
	recognition of complication and	Immediately1	
	starting travel to the hospital?	Don't know99	
	RECORD IN MINUTES		
605	Why did you not seek care	Not recognizing the danger signs timely1	
	immediately after the	Distance of the facility2	
	recognition of the complication?	Opportunity Cost3	
		Cost of transport4	
	RECORD ALL THAT	Lack of transport from home to health	
	APPLY	facility5	
		Lack of partner/family support6	
		Poor quality care7	
		Not necessary to go health facility for	
		birth8	
		Not customary to go to facility for	
		birth9	
		Other, specify88	
606	Who influenced your decision to	Husband/family1	
	seek care?	In-law2	
		HDAs3	
		Relatives/neighbors3	
		Health workers/HEWs4	
		Other5	
		Specify	
607	How did you get to the hospital?	Walked1	<b>→</b> 611
		Ambulance2	•
		Public transport3	<b>→</b> 611
100		Carried by relatives4	<b>→</b> 611
608	How did you get the	Direct call by husband or	
	ambulance?	family1	
		HEW called3	
600	TT 1 1:1 '4 C 41	Arranged by HC4	
609	How long did you wait for the	Minutes [ _]	
	ambulance to arrive?		
<i>(</i> 10	RECORD IN MINUTES	A a company to the co	
610	Do you think this wait was	Acceptable1	
<i>L</i> 1 1	acceptable or too long?	Too long2  Arrived alone1	
611	Who accompanied you during		
	your travel to the hospital?	Family member	
		Midwife/ nurse/HO4	
612	How long did it take you to so	Auxiliary staff5  Minutes [ _]	
612	How long did it take you to go from the health center to the	Don't remember99	
	mom the health cellel to the	Don (161116111061	İ

	1 1 1 1 1 1		
	hospital (including time needed		
	for transport to arrive)?		
	RECORD IN MINUTES		
613	What challenges did you face in	Open ended	
	relation to transport?	*	
614	When did you arrive at the	/ /	
01.	hospital?	(dd / mm / yyyy)	
	nospitar.	(dd / IIII / JJJJ)	
		 Time	
		Don't remember99	
615	When were very admitted to the	Don't remember	
615	When were you admitted to the	(44 / /	
	hospital?	(dd/mm/yyyy)	
		:	
		Time	
		Don't remember99	
616	On arrival, how long did you	Minutes [ _]	
	wait before seeing a provider at	Don't remember99	
	the hospital?		
	RECORD IN MINUTES		
617	Do you think this wait was	Acceptable1	
	acceptable or too long?	Too long	
618	Once you saw a doctor/provider,	Too long	
	how long did you wait before	Don't remember99	
	you received medical treatment?		
	RECORD IN MINUTES		
619	Do you think this wait was	Acceptable1	
01)	acceptable or too long?	Too long2	
		(G), CONTINUE WITH 620; OTHERWISE,	
	11 017 OR 019 = 2 (100 LOIN	SKIP TO 621.	
620	What do you think was the	Personal/family/community factors	
020	reason for long waiting time for	Refusal of treatment or admission1	
	seeing a provider and/or	Refusal of referral to higher facility	
	receiving care?	No money to pay for care	
	PROBE: What else?	Health system factors	
	RECORD ALL THAT	Lack of blood products, supplies, and	
	APPLY	equipment4	
		Negligence of staff on duty/ professional staff	
		misconduct5	
		Inadequate number of staff6	
		Absence of critical provider(s)7	
		Critical staff on call8	
		Staff lack of skill/ expertise9	
		Late referral practice of referring unit10	
1			

621	Did you receive any of the	IV antibiotics1	
021	following around the time of	IV uterotonics or pill to stop bleeding/contract	
	your delivery at the hospital?	uterus after baby was born2	
	RECORD ALL THAT	Manual removal of placenta or removal of	
	APPLY	retained products3	
		Vacuum extraction or forceps delivery4	
		Blood transfusion5	
		Cesarean section6	
		Hysterectomy7	
		Laparotomy8	
		Uterine evacuation9	
		Provision of IV fluid10	
		Laceration repair11	
		Don't know99	
622	How were you welcomed to the	Open ended	
	facility when you arrived?		
	<u>Probe for</u> greeting, called by		
	name, talked in a friendly		
	manner etc.		
623	Do you feel your privacy was	Yes1	
	respected by the staff?	No2	
624	When you were being	Yes1	
	examined, did the provider	No2	
	explain to you what he/she was		
	doing?		
625	Do you feel you received	Yes1	
	enough information about your	No2	
	condition and about what the		
	provider was doing?		
626	j	Open ended	
	you?		
	Probe for respect,		
	confidentiality, listening		
627	Are you satisfied with the some	Vows satisfied 1	
627	Are you satisfied with the care	Very satisfied1 Satisfied	
	you received?	Satisfied	
		Somewhat dissatisfied	
		Very dissatisfied	
628	What do you like best about this	Short waiting time to see provider1	
020	facility?	Short distance to facility	
	RECORD ALL THAT	Facility is clean	
	APPLY	Being treated with respect	
		Provider is competent/knowledgeable5	
		Confidentiality/privacy6	
		Good supply of medicines	
		Sood suppry of medicines	

		Affordable cost of care8	
		Being able to choose health care	
		provider9	
		Other (specify)88	
		Don't know99	
629	What suggestions do you have	Shorten waiting time to see doctor1	
	for improvement?	Improve distance of health facility2	
	RECORD ALL THAT	Clean the facility3	
	APPLY	Improve respect of doctors/nurses toward	
		patients4	
		Improve skills of doctors/nurses5	
		Improve confidentiality/privacy6	
		Improve supply of medicines7	
		Reduce cost of treatment8	
		Improve women's ability to choose a health	
		care provider9	
		Ambulance back home service10	
		Other (specify)88	
		Don't know99	

This is the end of interview!!

Thank you!